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***Recipes on the run*** - Giant Food in Carroll Twp. has nifty meat dept. kiosk

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If you spend most of your grocery shopping time mulling over what cut of meat to buy for dinner, Giant Food Stores is installing machines that could bring your days of clueless cooking to an end. ShoptoCook — a touch-screen kiosk with an archive of hundreds of recipes for beef, chicken, veal, pork, turkey and seafood — is in 16 out of Giant's 119 regional stores, chain spokesman Denny Hopkins said from his office in Cumberland County.

“We are very, very pleased with it, and are rolling it out in mostly every new store that we build and every major remodel or expansion that we do,” Hopkins said via phone from Giant's Cumberland County headquarters. “It has been really successful.”

“We have gotten really great reviews from our customers,” Hopkins said, “Customers love them.”

“Anytime I am in the store, I always see them being utilized. A lot of customers, once you show them, realize how simple it is.”

If studies prove true, this machine will turn meal planning into a few simple steps.